

Pre-Conference Workshop

The Patient's Perspective

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Content

- Videos
- About me
- Patients needs
- Problems getting there
- Patients wants

1 of 422 Mio. diabetics worldwide

*Source: WHO 2016

Type 1

I calculate in BEs

1 BE = 12 g carbohydrates

measured in units of mg/dl

e.g. 187 mg/dl

WHY?





Diagnose 9 years ago, in the age of 18

1 week of training at the hospital

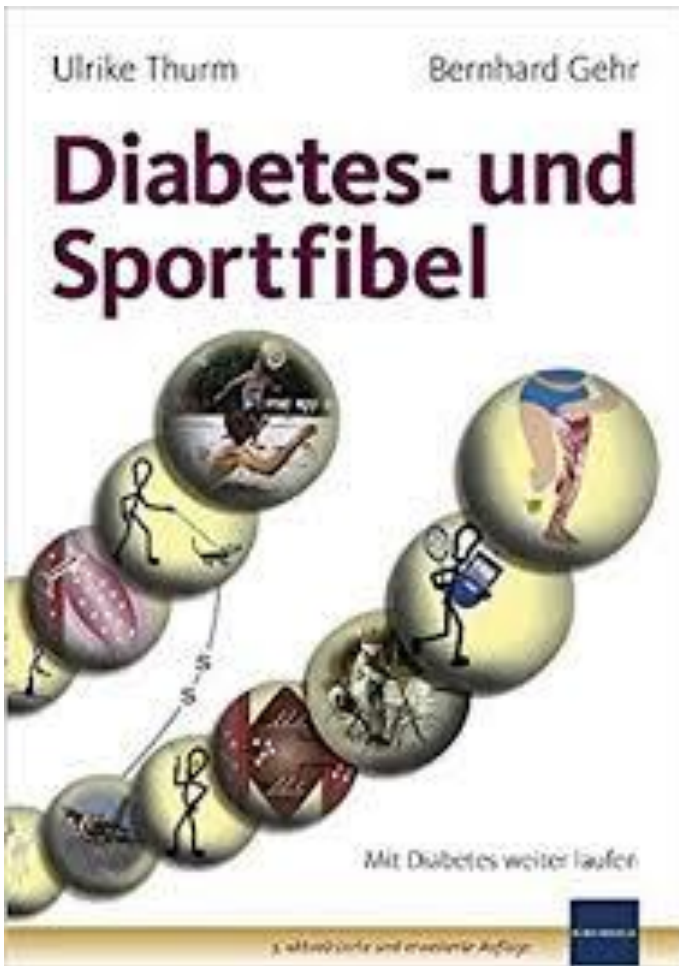
Then training with diabetologist

Learned to be my own doctor!

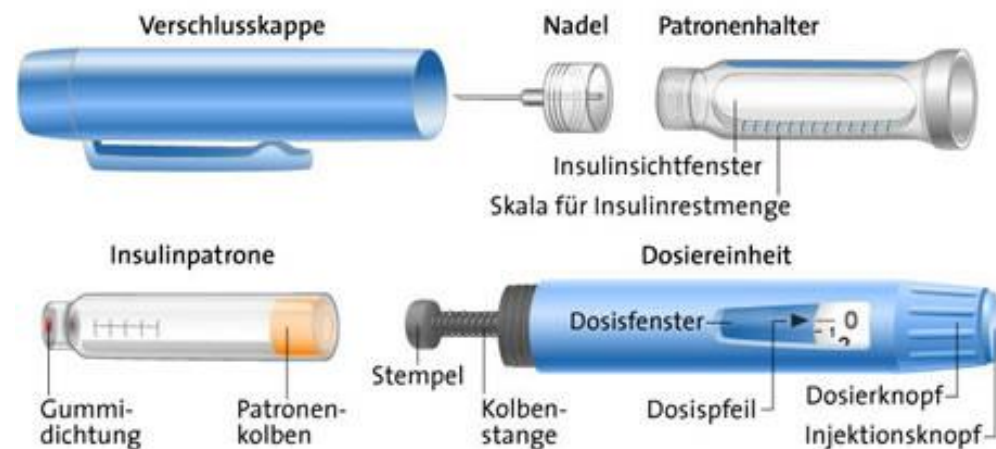
1. Learn to survive
2. Non-disabled life
3. Back to life before
4. Back into sport!!!

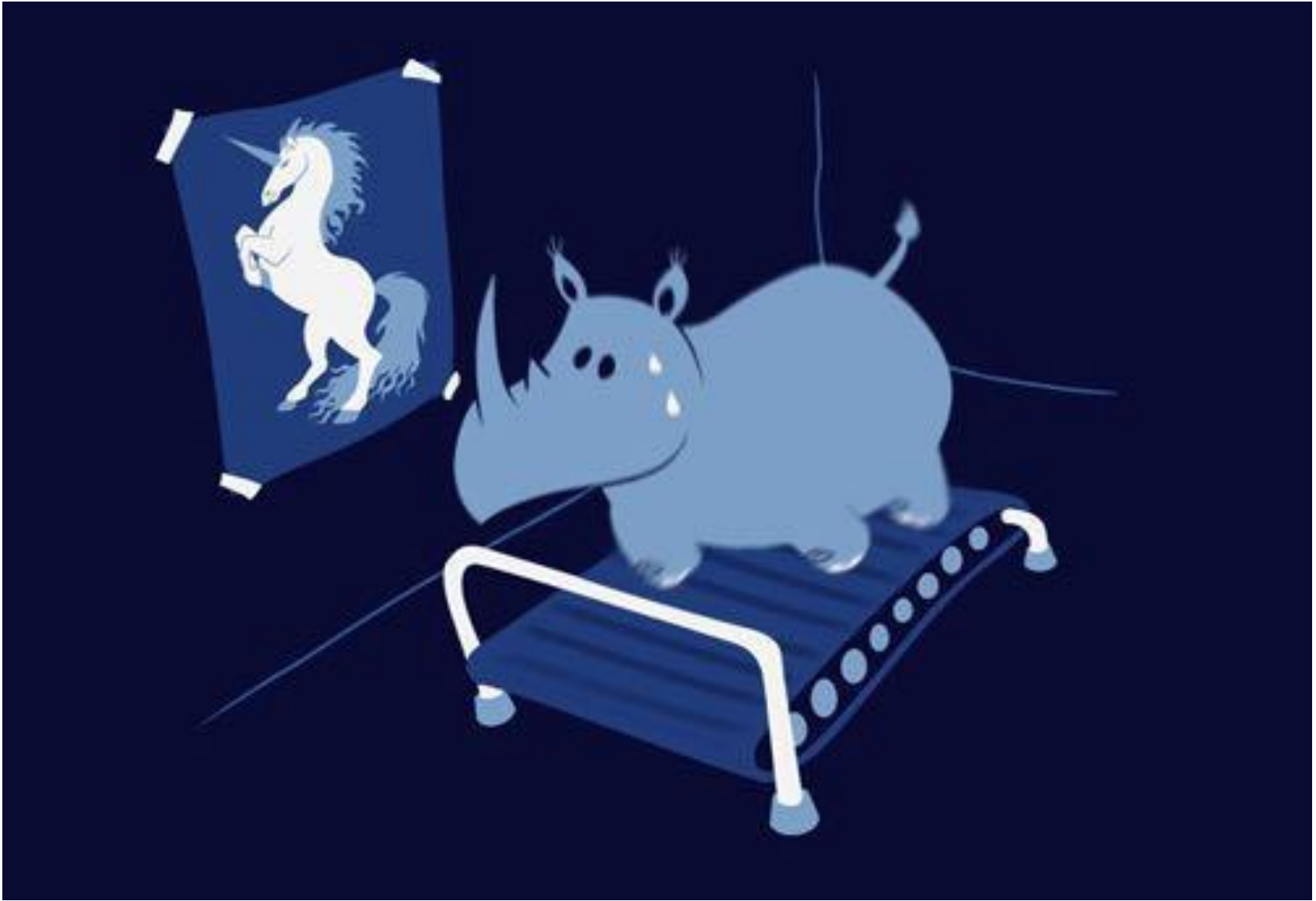
ICT

2 pens with humalog (bolus) and lantus insulin (basal)



How much insulin do I need?
 How much carb do I eat every day?
 How do my body react on sport?
 or alcohol,
 or what about traveling, ...
 ??????

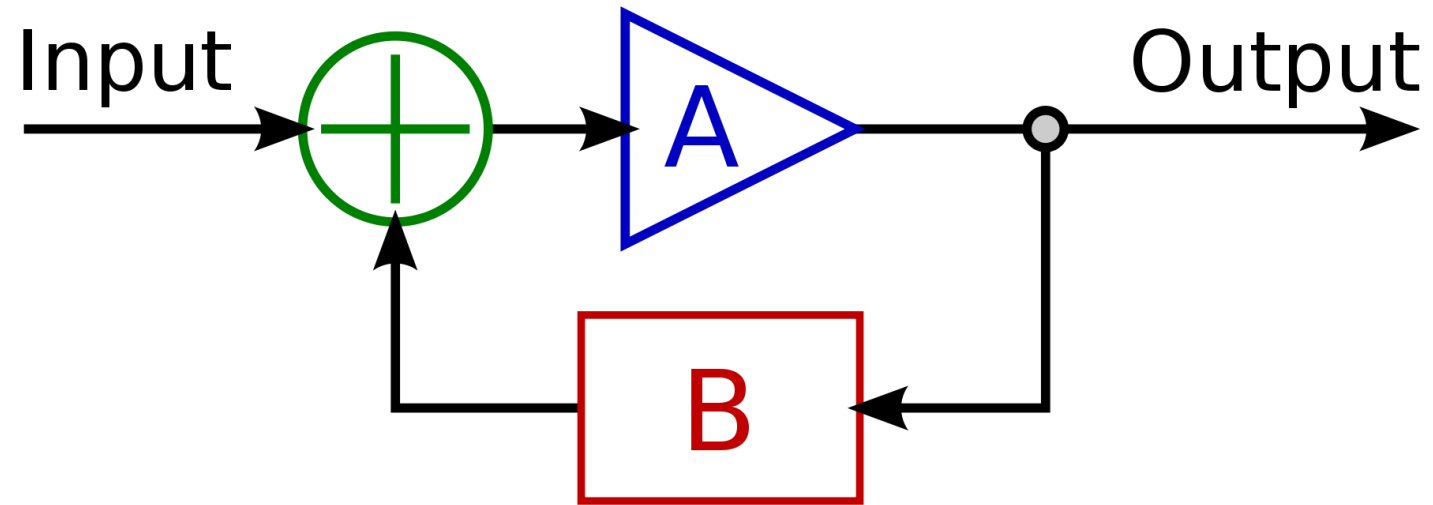




CSII insuline pump 24/7



combined
with CGM

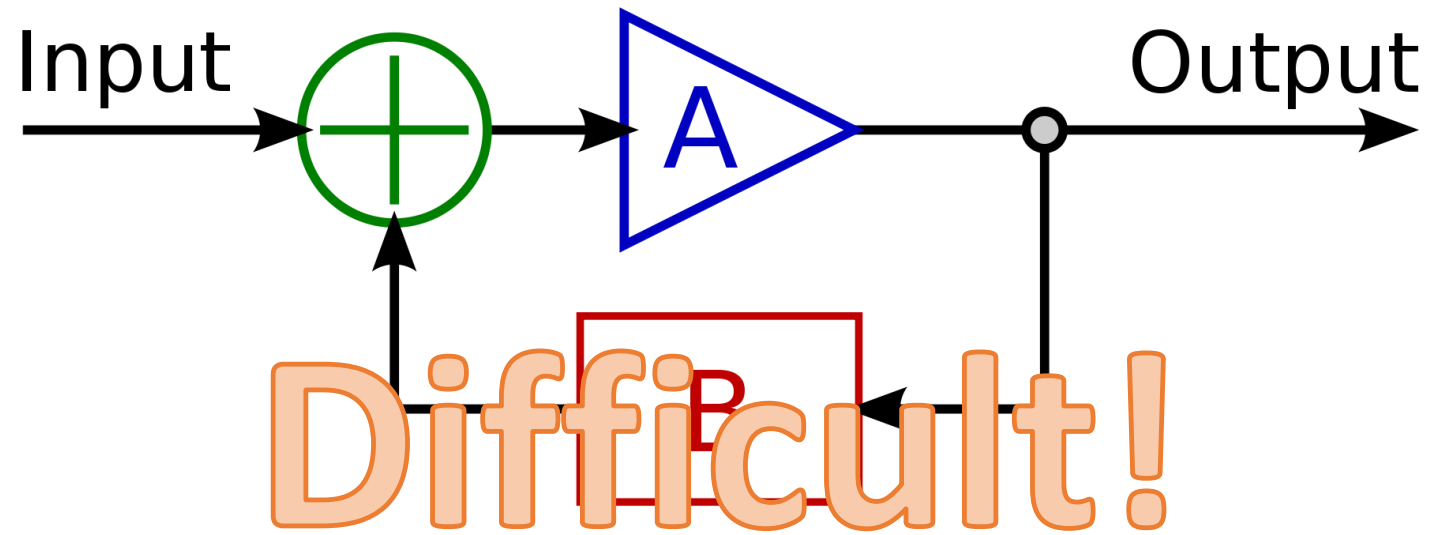


PERFECT basal insulin / insulin rate
PERFECT bolus insulin factors for BEs
PERFECT BE estimation

Captain Diabetes



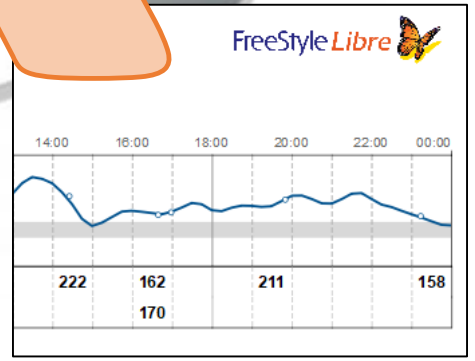
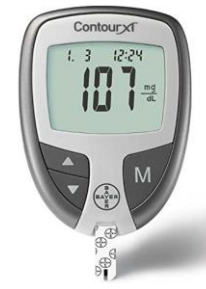
WHY?



FreeStyle
Libre
FLASH GLUKOSE MESSSYSTEM



WHY?



All the producer companies should...

- accept to the same connection script
- agree on which data is really necessary
- work together for the best of the patients

Meanwhile, I'm

e.g.

of my diabetes!



Sources:

WHO: http://apps.who.int/iris/bitstream/10665/204871/1/9789241565257_eng.pdf

Pictures:

<https://www.thediabetescouncil.com/how-much-should-eat-daily-to-control-blood-sugar/>

<https://www.google.co.il/search?biw=1536&bih=686&tbm=isch&q=insulin+pen+lilly&sa=X&ved=0ahUKEwic2uqz5KHXAhWIVxoKHTO7Ac8QhyYIJA#imgrc=gfKxMAfPrxCZHM:>

<https://www.lilly-diabetes.de/index.aspx>

https://www.google.co.il/search?q=diabetes+und+sportfibel&source=Inms&tbm=isch&sa=X&ved=0ahUKEwjXytSz06TXAhVSF-wKHbdXCmlQ_AUICigB&biw=1536&bih=686#imgrc=5-M2krgmJ7FP5M:

<https://www.medtronic-diabetes.com.au/pump-therapy/640g>

<http://roytang.net/2016/11/feedback-loops/>

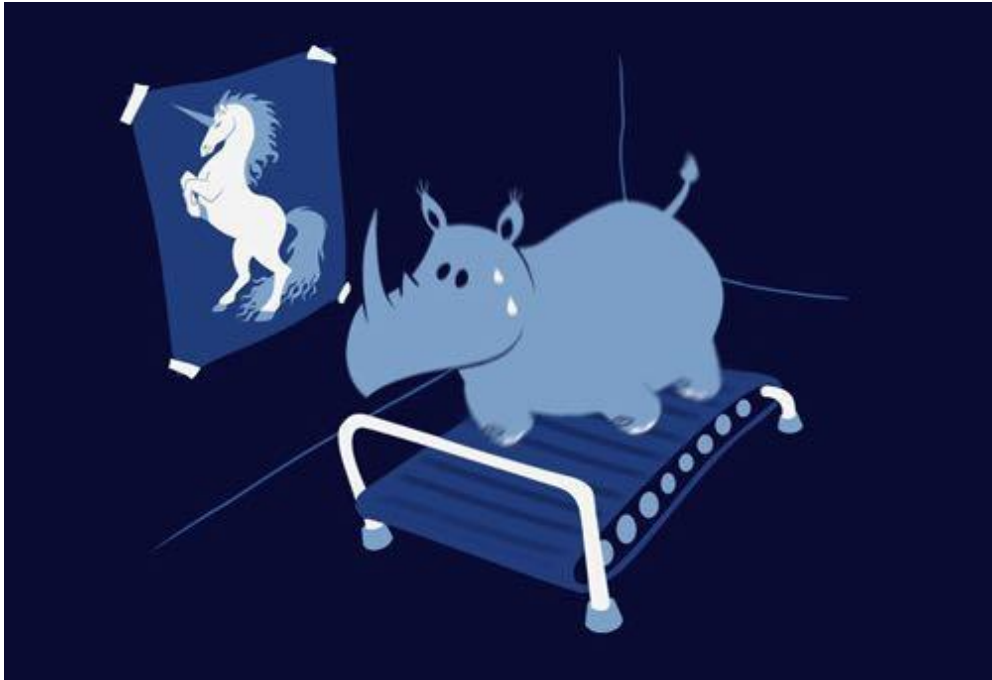
http://southpark.wikia.com/wiki/Captain_Diabetes

https://www.google.co.il/search?q=excel&source=Inms&tbm=isch&sa=X&ved=0ahUKEwjUpLSYxaTXAhUS46QKHUX0BlcQ_AUICigB&biw=1536&bih=686#imgrc=lqR2w113nKAgsM:

<http://diabetes-index.de/geraete/messgeraete/bayer-contour-xt>

<http://www.freestylelibre.de/>

I feel fine and healthy, but it could be better ;)



Thank you!