

What led you to volunteer with PDA? I wanted to establish a chapter in the Pacific

Northwest. The California chapters have been so successful, creating many amazing opportunities for people on the West Coast.

At the same time, it was challenging for PDA members in the Pacific Northwest to attend meetings in California due to geographical constraints. I hope this new chapter creates the same environment that brings people, science and technology together. It has been a truly incredible experience to get our chapter kicked off through support from PDA and the other chapters. I am now the President of the Pacific Northwest Chapter.

Of your PDA volunteer experiences, which have you enjoyed the most? Since I am still pretty new at this, I would

say establishing the chapter, and, in particular, meeting our colleagues from both the Southern California and West Coast Chapters at the 2019 PDA Annual Meeting.

How has PDA contributed to your career?

PDA has supported my continued education by allowing me to network with industry experts in both the quality and regulatory space. Attending the PDA/FDA Joint Regulatory Conference is a highlight for me each year since I can hear from both regulators and industry leaders on the latest manufacturing, quality, supply and compliance issues.

What lessons has your work taught you?

My work life has taught me many lessons over the years. The most important has been how to create and build a strong team. When we are part of a great team, we know others have our backs and we feel supported and encouraged. We rise to face challenges together, exchange ideas, work through roadblocks, deliver on time, celebrate successes and learn from the failures along the way.

What was the last book you read?

I just read an amazing book, On Fire: The 7 Choices to Ignite a Radically Inspired Life, by John O'Leary. I would love to meet the author. His message is one of inspiration and that "gratitude unlocks the fullness of life."